

# Women of Wonder 10K & 5K • September 9th, 2018

Fill out completely — Please print clearly — One entrant per form/copies OK

First Name

Last Name

Street Address

City  State  Zip Code

E-Mail

Day Phone    Team Name

PLEASE READ & SIGN: I know that participating in a road race/walk is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with participating in this event including, but not limited to falls, contact with other participants, the effects of weather, including high humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of acceptance of my entry, I, for myself and anyone entitled to act on my behalf waive and release The End Result Co., City of Seattle, Pro-Motion Events, Inc., USATF/PNTF, all sponsors, their representatives and successors from all claims or liability of any kind arising out of my participation even though said liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission for all of the foregoing to use my email address, any photographs, motion pictures, recording or any other record of this event for any legitimate purpose. This is to certify that my child has permission to compete in this event, is in good physical condition and that event officials may authorize necessary emergency treatment. I WILL BE CHARGED \$30 FOR UNRETURNED TIMING CHIPS. ENTRIES CANNOT BE ACCEPTED WITHOUT A VALID SIGNATURE!

Signature \_\_\_\_\_ Date \_\_\_\_\_ Parent or guardian (if under 18) \_\_\_\_\_ Date \_\_\_\_\_

Age on race day

Date of Birth

BIB #

Adult Size

Month  Day  Year

S  M  L  XL  XXL

### Check the box for your desired event:

- 5K run/walk Registrant
- 10K run/walk Registrant
- Optional Teams:  Group Team  Mother-daughter Team
- Kid's Dash Participant  YS  YM Kid's Dash T-shirt Sizes

Non-Refundable Entry Fees		\$
\$35 5K / \$40 10K - Up to midnight July 31st 2018		\$
\$40 5K / \$45 10K - Aug 1st to September 8th 2018		\$
\$45 5K / \$50 10K - Day of Race September 9th 2018		\$
Free Kid's Dash (\$12 with shirt)		\$
Donation to Team Survivor Northwest		\$
Total Amount Enclosed		\$

Pre Register By Mail through September 1, 2018  
 Make checks payable to:  
 Pro-Motion Events, Inc.  
 PO Box 31789  
 Seattle, Wa 98103