LARD BUTT 1K RUN/WALK REGISTRATION | SATURDAY, JUNE 8, 2019 @ 930AM

Fill out completely - Please print clearly - One entrant per form/copies okay - NO REFUNDS

First Name | Last Name

Street Address

City | State | Zip Code

Email Address

Day Phone

PLEASE READ & SIGN: I know that participating in a road race/walk is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and property trained. I agree and abide by any decision of a race official relative to my ability to safely complete the event. I assume all risk associated with participating in this event including , but not limited to falls, contact with other participants, the effects of weather, including high humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and In consideration of acceptance of my entry, I, for myself and anyone entitled to act on my behalf waive and release Pro-Motion Events, Inc., the City of Seattle, Lard Butt LLC, USATF/PNTF, all sponsors, their representatives and successors from all claims or liability of any kind arising out of my participation even though said liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission for all of the foregoing to use any photographs, motion pictures, recordings, my e-mail address or any other record of this event for any legitimate purpose. This waiver may also be used to certify that my child has permission to compete In this event, is in good physical condition and that event officials may authorize necessary emergency treatment. I WILL BE CHARGED $30 FOR UNRETURNED TIMING CHIPS. ENTRIES CANNOT BE ACCEPTED WITHOUT A VALID SIGNATURE! WA sales tax included.

Signature | Date | Parent or Guardian (if under 18) | Date

FOR OFFICIAL USE ONLY

Age on **6/8/2019** | M F Sex | Bib #

1K RUN/WALK @ 930AM

Choose a Wave:

- ☐ Show Off Wave - If you have the audacity to run!
- ☐ Legends Wave - If you are over 250lbs and want to admit it.
- ☐ Regular Wave - For the rest of us.

Cost

$30 through 6/7/2019
$40 on 6/8/2019

Requested T-Shirt Size:

S M L XL XXL XXXL

(Add $5 additional fee for XXL and XXXL shirt)

☐ **FREE KID'S DASH @ 915am:** $12 - Optional Kid's Shirt — YS YM YL

Non-Refundable Entry Fees	
TOTAL	$

Pre-Register By Mail through June **3, 2019** | Make checks payable to: Lard Butt LLC, Mail c/o Pro-Motion Events, Inc. PO BOX 31789 Seattle, WA 98103